

## DECEMBER 2020

Whether you own a home or are looking to buy or sell one, here are some useful tips, ideas and advice. When you're ready to make your move, give me a call or drop me a line.



## SOUS VIDE COOKING

How do professional chefs consistently recreate great food with such confidence? They've perfected the art of cooking sous vide, and you can easily try it in your kitchen, too.

Sous vide simply means "cooking under vacuum" in French. The food is vacuum-sealed in a reusable container, then immersed into a "water bath" until done to the correct temperature. Cooking sous vide is a slower preparation method, making it ideal for fish, vegetables and tougher cuts of meat. You'll use less oil, fat, and salt and the food will retain more nutrients for a healthier lifestyle.

You can start small with immersible ziplock freezer bags, mason jars, or silicone cooking pouches and a pot to hold the water. But you'll get more uniform results with a standalone immersion circulator designed for home chefs that clamps onto the side of any pot to circulate the water and regulate the temperature. There are also countertop appliances that include the water bath. Some home chefs get their own vacuum sealing system for longer-lasting freshness

While there's nothing new about submerging a sealed packet of food into water, sous vide techniques allow you to cook, freeze and reheat food as easily as a master chef

## **HOMEOWNERS' ADVICE**

## **USING DRONES FOR REAL ESTATE**

Whether you fly a drone for fun or for professional use (such as real estate photography to help market your home), all drone users need to know the laws, courtesies and safety practices of drone flying.

The FAA requires drone operators to obtain a Remote Pilot Certificate. The only exception to this rule is for Limited Recreational Operations of Unmanned Aircraft, which is only available to drone hobbyists for recreational purposes. Drone operators should register their drones with the FAA.

The FAA provides a helpful list of drone safety and privacy rules:

- Fly your drone at or below 400 feet
- Keep your drone within your line of sight
- Respect FAA airspace restrictions. Never fly near other aircraft or
- Never fly over groups of people, public events, or stadiums full of people
- Never fly near emergencies or disaster relief efforts
- Respect the privacy, safety and property of others
- Never fly a drone while under the influence of drugs or alcohol

Dartdrones.com explains that local restrictions may also apply, even restricting the areas where you can and can't launch your drone in certain cities.

Despite precautions, drone accidents happen. Dronetrader.com offers lists of insurance carriers for both recreational and professional drone use.



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